

Art Therapy Minor

The Visual Arts program and the Psychology department work in tandem to offer a minor in Art Therapy. The minor encourages breadth of exploration while providing students with a foundation to prepare them for continued study or to work in community arts programs and organizations where art is used as part of the therapeutic or recreational process. The minor meets the American Art Therapy Association's basic requirements for entrance into their approved graduate programs by requiring 18 studio art credits and 13 psychology credits.

Art therapists are masters- or doctorate-level professionals who hold a degree in art therapy or a related field. Graduate study in Art Therapy integrates the fields of human development, visual arts, counseling, and psychotherapy. If the student wishes to go to graduate school in art therapy, they are advised to consult the graduate bulletin of the institution they wish to attend for institution specific entrance requirements.

Grading Policy

Students must earn a grade of C or better in all courses for the minor. Grades of C- or lower will not be accepted.

12 credit hours of the Art Therapy Minor may be applied to a Psychology or Visual Arts Major, making it 21 additional credits to complete the minor.

Requirements

Course Requirements:

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|--|---|-----------|
| PSY 101 | Principles of Psychology | 3 |
| PSY 221 | Lifespan Developmental Psychology | 3 |
| PSY 251 | Abnormal Psychology | 3 |
| PSY 302 | Research Methods in Psychology ¹ | 4 |
| or PSY 303 | Statistics for the Behavioral Sciences | |
| 18 hours from the following in 3 or more media ² | | 18 |
| ART 102 | Two Dimensional Design | |
| ART 112 | Three Dimensional Design | |
| ART 113 | Drawing 1 | |
| ART 203 | Introduction to Ceramics | |
| ART 211 | Introduction to Painting | |
| ART 215 | Introduction to Photography | |
| ART 236 | Introduction to Graphic Design | |
| ART 321 | Life Drawing | |
| ART 333 | Screen Printing | |
| ART 341 | Sculpture I | |
| Total Hours | | 31 |

¹ Based on admission requirements for the specific graduate programs.

² Up to 4 hours of studio art transfer credit may be accepted.