

# Clinical Mental Health Counseling Concentration

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HDC 558 Theories of Family Counseling  
**Total Hours**

**61**

Students pursuing careers in Clinical Mental Health counseling should begin to explore relevant populations and settings when enrolled in HDC 501. Course assignments thereafter should be designed to develop knowledge and skills specific to the emphasis chosen. In order to develop and demonstrate skills unique to their selected concentration, clinical mental health counseling students must take HDC 542, HDC 544, and two elective courses within the department curriculum. Clinical experience placements for clinical mental health counseling students will take place in approved community agencies.

The Clinical Mental Health Counseling (CMHC) concentration within the HDC program includes four additional courses (12 credit hours) beyond the core curriculum of 49 credit hours for a total of 61 required credit hours.

## Requirements

### Core Curriculum

HDC 501	Fundamental Issues and Ethics in Counseling	3
HDC 511	Theories of Counseling	3
HDC 512	Prepracticum	3
HDC 513	Group Counseling	3
HDC 515	Multicultural Counseling	3
HDC 521	Developmental Counseling	3
HDC 524	Career/Lifestyle Counseling	3
HDC 525	Alcoholism and Substance Abuse	3
HDC 533	Family Dynamics	3
HDC 543	Crisis Intervention and Trauma in Counseling	3
HDC 546	Psychopathology and the DSM	3
HDC 575	Appraisal Techniques in Counseling	3
HDC 577	Research Methods	3
HDC 585	Comprehensive Examination Registration	1
HDC 587	Professional Experience: Practicum	3
HDC 590	Professional Experience: Internship	6-10

### Concentration Requirements

HDC 542	Foundations of Clinical Mental Health Counseling	3
HDC 544	Social Justice and Advocacy in Counseling	3

### Choose two elective HDC courses from the following: 6

HDC 502	Advanced Ethics and Legal Issues in Counseling	
HDC 531	Developmental School Counseling	
HDC 532	Critical Issues & Considerations in School Counseling	
HDC 534	Introduction To Family Counseling	
HDC 535	Child and Adolescent Counseling	
HDC 537	Couple Counseling	
HDC 545	Sexual Dysfunction and Family Violence	
HDC 555	The Neurobiology of Trauma	